



WITH DRS. AZITA & MICHAEL MANSOURI

Summer 2011

Meet Dr. Michael Mansouri

A Walton High School Graduate returns to East Cobb

Dr. Michael, after graduating from *Walton High School* and going on to become a successful dentist, returned to East Cobb in 2003. Here, he met his soul mate Dr. Azita, also a dentist, and married in 2007. Since that time, both doctors have worked hard together establishing their careers in East Cobb. Today, they have fulfilled their dream and have built a fantastic, brand new, state-of-the art dental facility on the site of their established practice. We sincerely hope that you and your family can join us as we celebrate a very important personal and professional milestone.

You'll feel at home right away. This facility is more than just a building - it is a beautifully crafted, spacious, and welcoming environment. The patient-friendly technologies, spaces, and amenities have been designed to maximize patient comfort, convenience, and quality of care.



Convenient Location, Appointment Times & Parking

Preventive dental care for the whole family

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See Page 4 for our Special Offers!



Marietta Family Dental Care, P.C. 4720 Lower Roswell Road Marietta, GA <u>www.NaturalSmile.biz</u>

5 Fabulous Fixes

Face up to your full potential

Time can be unkind. Stress can take its toll. Loss of bone and soft tissue can cause your face to shorten, your chin to recede, and your cheeks to appear hollow and droopy. What a drag! Cosmetic dentistry can give you the lift you need by helping you to restore more youthful proportions to the lower third of your face.

We can create harmonious solutions that fit your unique circumstance, your budget, and your individuality.

Crowns can strengthen and brighten damaged teeth.

Veneers of ceramic or resin composite can straighten the appearance of teeth almost instantly, camouflage gaps and irregularities, and lengthen the appearance of your teeth.

Orthodontics can reposition your teeth.

Recontouring of your gums can reveal more enamel with less gum tissue and make your gumline more even.

Whitening and Enamel-Colored Fillings can re-energize your stressed-out smile.

Whichever procedure you choose or however you want to mix 'n' match them, you can count on looking completely natural!



Chronic Jaw Or Facial Pain?

We can help

Do you suffer from chronic jaw or facial pain? Then you could have *Temporomandibular Joint Disorder* (TMD). TMD involves the joint that connects the lower jaw to the skull and the muscles that surround it. Over ten million North American adults suffer from TMD which affects both appearance and overall health.

CAUSES:

- Stress (teeth grinding and clenching)
- An uneven bite
- Arthritis
- Jaw dislocation or injury

POSSIBLE SIDE-EFFECTS:

- Impaired bite
- Tooth and restoration wear and damage
- Tooth loss

SYMPTOMS:

- Chewing difficulty
- Jaw and facial pain
- Headache and earache
- Clicking or grating sounds when chewing, yawning, or talking

Over time, TMD can cause serious tooth and bite issues, affecting your appearance as well as your health. Let's discuss your particular dental problems before they become even larger ones.

Young adults with healthy teeth and gums show an average of 3.37 mm of their upper teeth with lips parted at rest – by their 50s, it's less than half of one millimeter!

Known Stress Risks

How tension affects oral health

You know that anxiety and stress can affect your overall health, but did you know that they can also affect your oral health? Know the risks!

Gum Disease: Stress has been linked to an increase in dental plaque which can cause, or worsen, gum disease.

Mouth Sores: Stress-related fatigue and a suppressed immune system can cause canker sores or an outbreak of cold sores in virus carriers.

Teeth Clenching & Grinding: These common stress-related symptoms can lead to tooth damage, jaw pain, and headaches. Poor Oral Hygiene: Anxiety about dental visits and avoiding your usual hygiene routine can create new problems and aggravate existing ones.

Anxiety and stress seem to be unavoidable in modern-day living, so it's important to take care of yourself. Call us today and let us help keep you on the path of good oral health.



Brush Your Canines

And your dog's too! Good oral hygiene is good for your overall health, including your heart health. And did you know that keeping your dog's teeth clean may prevent canine heart problems? Brushing them daily will also help fight tartar, plaque, gingivitis, bad breath, and improve the length and quality of life.

Step 1: Apply doggy (never human) toothpaste to a finger brush made for dogs.

Step 2: Gently massage the brush against her teeth and gums. You don't need to clean the inside of her teeth – her tongue does that job. **Step 3:** Reward her, even if she allows you to work on her mouth for only a few seconds.

Step 4: Repeat daily, gradually increasing brushing time.

Good oral health, for dogs as for humans, promotes better health and a happier life. So get brushing!

LOOK YOUNGER TOMORROW

What we can do for you

Maybe you can't put the toothpaste back in the tube, but it's never too late to put the zing back in your smile. Of all the excellent options available to restore damaged, discolored or missing teeth, crowns and bridges are among the most popular. You'll feel and look so much healthier and more youthful that crowns and bridges will do wonders for your self-confidence!

CROWNS:

□ Crowns are used to restore and strengthen teeth that are damaged, misshapen, discolored, or whose strength is compromised by too many fillings.

□ They can cover and reinforce an existing tooth, attach a bridge, or replace a missing tooth when anchored to a dental implant.

□ Care for your crowns, as you would your natural teeth, with regular brushing, flossing, and dental checkups.

BRIDGES:

Permanent bridges are cemented to one or more teeth on either side of a space, to support artificial replacement teeth.

Bridges help maintain your face shape and alleviate the stress in your bite.

□ Care for your bridge by brushing and flossing as usual and by flossing under the replacement tooth. We'll show you how.

You don't have to live with damaged or missing teeth. Crowns and bridges will improve the esthetics and function of your smile, and give you greater self-assurance. We're here to discuss the option that's best for you. Look younger tomorrow by calling us today.







Marietta Family Dental Care, P.C. Dr. Michael S. Mansouri Dr. Azita A. Mansouri 4720 Lower Roswell Road Marietta, GA 30068



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Profiles In Success

We welcome you to get to know us better

Dr. Michael Mansouri received his DMD degree from *Temple University School of Dentistry* in 2003. He engaged in a one-year advanced training Maxi Course at the *Medical College of Georgia for Implant Dentistry*. He is also licensed to perform Conscious Oral Sedation where patients receive pain-free and anxiety-free dentistry. Dr. Mansouri is among the few elite dentists in his community who have achieved *Fellowship status* from the *Academy of General Dentistry*.

Dr. Azita A. Mansouri graduated Phi Beta Kappa with a bachelor's degree in biology from *Florida State University.* She then received her DMD degree from the

University of Florida College of Dentistry in 2006. She has recently been featured as a cosmetic dentist in Cobb County's Woman's Journal.

Both Drs. Mansouri have been voted consecutively as "America's Top Dentist" in 2011 by a national poll, and have been recognized in *Who's Who of America's*



Leading Professionals. They have also been chosen as five-start winners of *Talk Of The Town* twice in a row, based on their outstanding customer service and patient satisfaction.

Drs. Azita and Michael Mansouri particularly enjoy giving back to the community that supports them. This year they have decided to organize an event that very few dentists in the area do. Drs. Mansouri along with 50 other dental professionals

including dentists, hygienists, and assistants are going to be volunteering in their office to provide FREE dental care. This year's event is scheduled for mid-November.









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