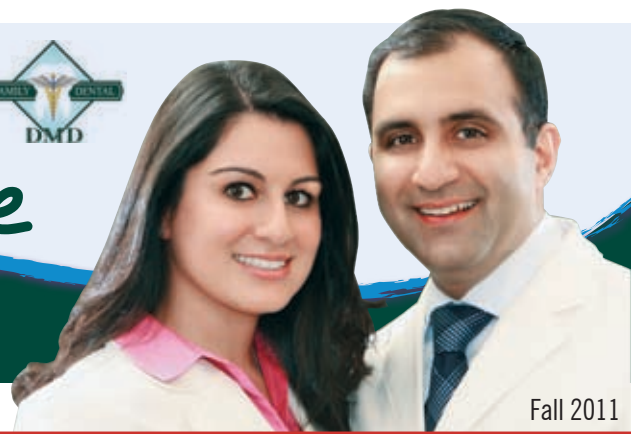


The Perfect Smile



with Drs. Azita & Michael Mansouri

Produced to improve your dental health and awareness

Fall 2011

from the dentists

Common Problems

We can help

Issues with your teeth and mouth are never any fun, but we can help you quickly restore the health and function of your smile. Eating properly and maintaining your regular checkups are key, but there are a few more things you can do.

If you have sensitive or swollen gums, or see blood when you brush, give us the details when you're in for your next checkup.

If you have issues with bad breath, there could be underlying gum disease. We will check, and set up a regimen to get your healthy grin back.

In the meantime, brush and floss after you eat or drink, use a tongue cleaner, mouthwash, avoid high-acid foods, and drink water.

We're looking forward to seeing you and your family at your next visit. Call at any time if you have any questions, and remember that we welcome new patients and appreciate your referrals.

Yours in good dental health,

Drs. Michael & Azita Mansouri

**FREE
WHITENING
SPECIAL**

Call to find out how!

*Available to new
and existing patients*

It's A Big Win!

Congrats to Dr. Mansouri!

The *Academy of General Dentistry (AGD)* is a professional association of general dentists dedicated to staying up-to-date in dentistry through continuing education. We are extremely pleased to announce that Dr. Mansouri received the Association's *2011 Fellowship Award* during the AGD Annual Meeting held this summer in San Diego! This prestigious honor is earned by only 10% of the Academy's members, and places Dr. Mansouri in the company of fewer than 4% of general dentists in the United States.

The Fellowship Award is presented to dentists who seek to provide the highest quality of dental care by remaining current in their profession. To accomplish this goal, Dr. Mansouri completed more than 500 hours of continuing dental education, passed a comprehensive written exam, and fulfilled three years of continuous membership in the AGD.

We are very proud of Dr. Mansouri and are thrilled to quote Dr. Howard Gamble (AGD President) from the awards presentation: *"We are proud to honor Dr. Mansouri for his commitment to the profession. He has distinguished himself professionally among his peers and demonstrates the characteristics of a role model to both his fellow dentists and to the members of the community."*

Congratulations, Dr. Michael!



To find out more visit us at www.naturalsmile.biz

Tick Tock

Forget the clock!

Even things that are supposed to simplify life, like computers, can become a source of anxiety. One survey team coined the phrase *Hourglass Syndrome* to describe the frustration participants reported while watching the little hourglass icon spin. You know - as you wait ...and wait ... and wait for the connection.

When you experience frustration you could be grinding your teeth and clamping your jaws without realizing it. That can wear down your teeth, place stress on your gums, create aching jaws, and even headaches that seem unrelated.

No matter what it is that gets you going, try to get in touch with your unique signs and symptoms. That way you'll know better when it's time to de-stress, and you'll feel better in no time!



Look Younger Without Surgery!

Ask us about your dental facelift options



One of the things we are seeing more often is patients choosing dentistry as a non-surgical alternative to a face-lift. It's a great option and it's one that can produce excellent results whether you're a mature adult who requires more volume to soften wrinkles, or a younger person whose appearance is prematurely aged because teeth have worn down from grinding and clenching, or from bone loss due to gum disease, for example. The secret is to select the right cosmetic techniques to reshape and re-proportion the face, rather than just focusing on the mouth.

Veneers made from bonding materials and ceramics can be applied to the teeth to do more than mask enamel stains, cracks, and fill small gaps. They can also create greater facial volume and add length which can open up your bite, making you look instantly younger.

Crowns made from natural-looking materials to match your own tooth enamel can protect and strengthen teeth and fill in gaps from tooth loss. Combining them with permanent dental implants and crown-and-bridge restorations can create a more youthful esthetic and proportion to your face.

Cosmetic Dentistry:

The non-surgical alternative to a facelift!

The results of a smile makeover can help you look significantly younger ...without undergoing plastic surgery. If you think you might be interested, we'd be happy to talk to you about your smile and show you options we think will work for you.

Smiles That Go Miles

Home and pro care

A healthy beautiful smile is one of your best assets. It tells people you are conscientious, approachable, and responsible. And frankly, it ramps up your "attractive quotient." Isn't it a relief that keeping your smile clean and healthy takes so little daily effort and just a small portion of your personal home care budget? You know the at-home routine: brush at least twice a day, floss every day, eat sensibly, don't smoke, exercise, and get sufficient sleep. Easy.

By having your teeth professionally cleaned by us at least every six months, you give us the opportunity to keep abreast of your oral health – preventing, detecting, and remedying a number of unwelcomed and harmful conditions such as gum disease, halitosis, cavities, cancer, and even perhaps identifying systemic disease that may be reflected orally. Plus fresh professionally polished teeth. Beautiful.

VIVACIOUS VENEERS

Once we've decided together that cosmetic veneers are the best option for you, the fun begins! In addition to your great new look, we'll take into consideration your face shape and the proportions and symmetry of your face and smile.

We'll look at these elements...

- overall dimensions of your face
- midline position of your teeth relative to the midline of your lips and face
- position and fullness of your lips
- tilt, angle, and curves of your teeth
- color of your teeth enamel
- contours of your gumline.

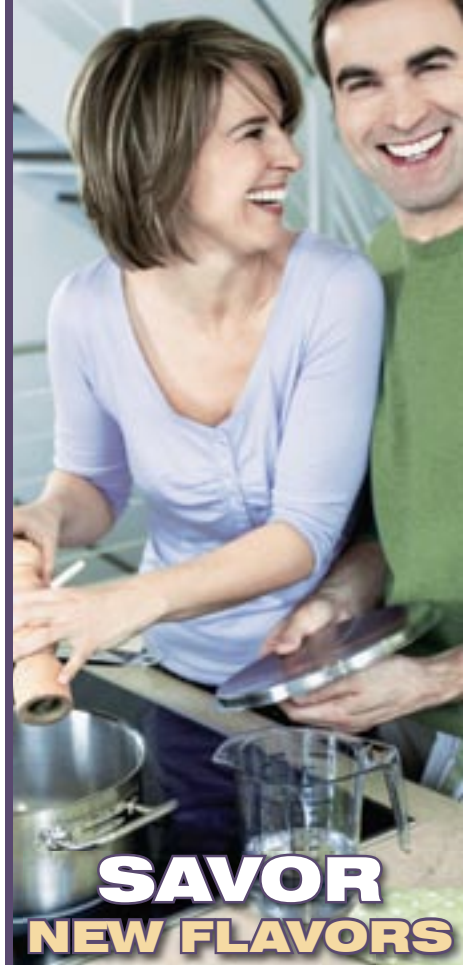
Based on these dimensions, your occlusion (bite), and your preferred smile color, contours, and proportions, we can move on to decide what size, shape, and type of veneers will best complement your smile.

A new smile in just a little while

Veneers can immediately provide you with whiter, even, straighter appearing teeth by...

Camouflaging

- pitted, worn, and dingy or yellow teeth due to enamel erosion, foods, beverages, age, or medications
 - gaps that trap food and make you feel self-conscious about smiling
 - overlaps and crowding that create an accordion appearance, especially in profile
 - unsightly chips or cracks that catch on dental floss and attract stains like magnets.
- ### Reproportioning
- an uneven or too-gummy gumline
 - teeth that appear too long due to receding gums
 - poorly shaped or sized teeth that don't suit the proportions of your smile
 - worn down teeth from clenching and grinding or enamel erosion.



SAVOR NEW FLAVORS

Train your taste buds

Ever since you were a kid, you've known that sugar is bad for your teeth. Even so, who can resist a sweet now and then? But people with high blood pressure, diabetes, cardiovascular diseases, and other health challenges sometimes have to adjust their diets and retrain their taste buds to appreciate flavors they might otherwise avoid.

The transition need not be painful...

- Experimenting with aroma, texture, shape, and color can all improve anyone's dining experience.
- Scientists say humans can detect six distinct tastes: sweet, sour, salty, fat, bitter, and umami, which means "savory" in Japanese. You can mix 'n' match foods and seasonings that are more healthful and yet appeal to your palate.
- Nutritionists say your taste buds will adjust in only 3-5 servings!

Your health, your teeth, and all of us salute your good taste!

Free Dental Day

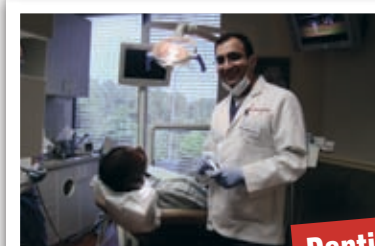
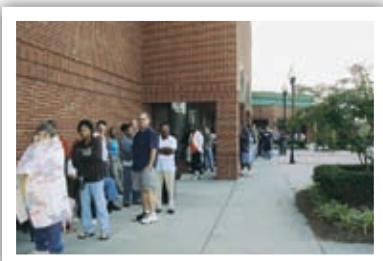
Offering dental care to those in need

Today, there are far too many people who can't afford dental care – with approximately 1/3 of Americans without dental insurance. To these individuals, dentistry is often considered a luxury rather than a necessity. But, now that we are settled in our new facility, we're happy that we can help alleviate this problem by offering our services through a non-profit program called *Dentistry from the Heart*.

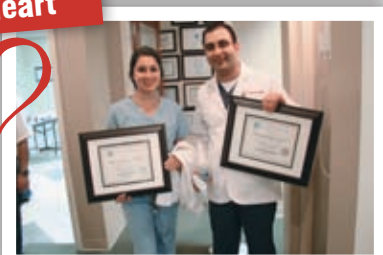
Since it was established in 2001 the organization has helped more than 45,000 patients across the country and provided more than eight million dollars in free dentistry including exams, x-rays, cleanings, fillings, and extractions. Potential patients often gather the night before to guarantee their place in line for free care.

This year, we anticipate that people may start lining up as early as 8:00 p.m. on the Friday night to access free care here at *Marietta Family Dental Care* on Saturday, November 19th, 2011. We will be seeing our first patient at 6:30 a.m.

We're very excited our new location will be able to host the first-ever *Dentistry from the Heart* event, in the city of Marietta. We hope to serve 150 people or more. If you know of anyone who could benefit from free dentistry, or who would care to act as a volunteer, please let them know about this event!



Dentistry from the Heart



office information

www.naturalsmile.biz

Marietta Family Dental Care, P.C.

Dr. Michael S. Mansouri

Dr. Azita A. Mansouri

4720 Lower Roswell Road

Marietta, GA 30068

Office Hours

Mon-Thu 7:30 am – 6:30 pm

Contact Information

Office (770) 973-8222

Emergency (404) 390-4999

Email mfamilydental@gmail.com

Office Staff

Tania Fuglewicz Office Manager

Lawrenceville Family Dental Care, P.C.

Dr. Michael S. Mansouri

Dr. Azita A. Mansouri

2401 Lawrenceville Highway, Suite A

Lawrenceville, GA 30044

Office Hours

Mon-Thu 8:00 am – 5:00 pm

Friday 7:30 am – 3:30 pm

Saturday 9:00 am – 2:00 pm*

*By appointment only

Contact Information

Office (770) 962-1977

Emergency (404) 390-4999

Email naturalsmile@comcast.net

Farewell & Good Luck!

We'll miss Karen

To everything there is a season. As summer turns into fall, we are sad to say our farewells to Karen. After 10 years with *Lawrenceville Family Dental Care*, Karen is hopping two States over to North Carolina. We wish her all the best of happiness and success!

The next visit to the Lawrenceville office you will see some new faces!

Don't Fall Behind!

Use your benefits

We know that by now, you understand that any advice we give to you is out of genuine concern for your well-being. Whether we recommend a treatment plan, suggest a lifestyle change, or encourage you to use up your annual insurance benefits, our sole motive is to help you achieve optimal oral health.

As we get further into the year, time starts to run out for you to make the most of your insurance before it expires on December 31st. We will start to remind you more often as the days pass, but only because we don't want you to lose valuable benefits which won't carry over to next year.

Don't let your benefits expire... call us so we can help you plan how to achieve and maintain optimum oral health.

